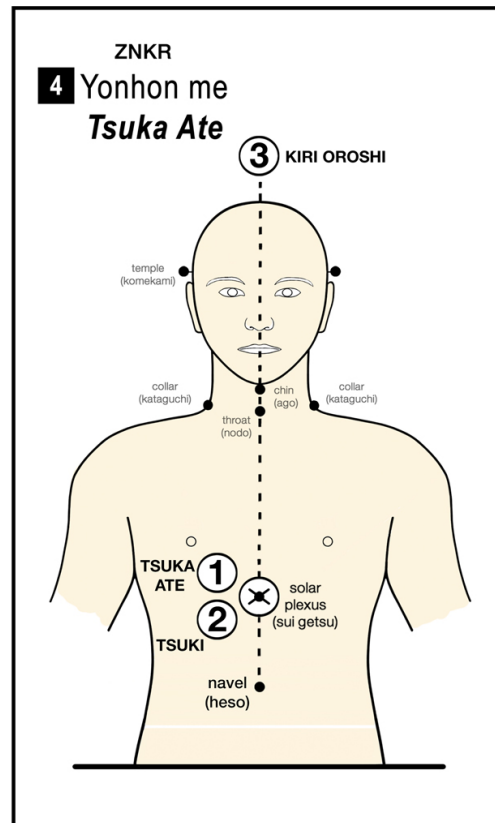
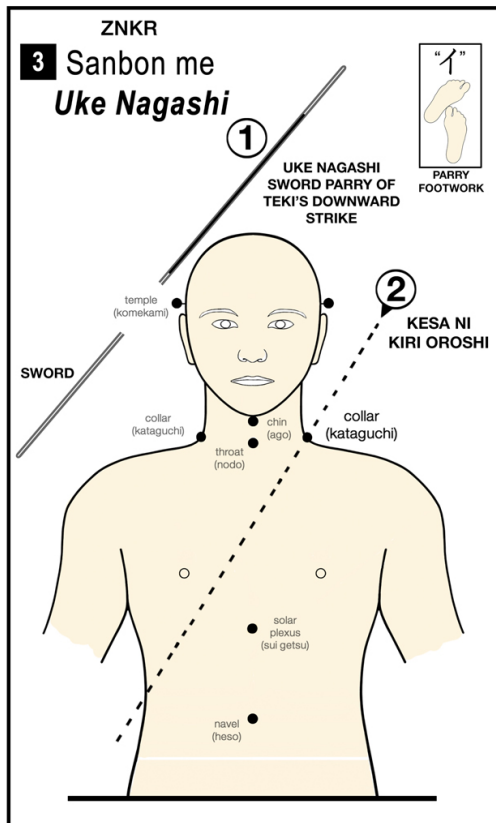
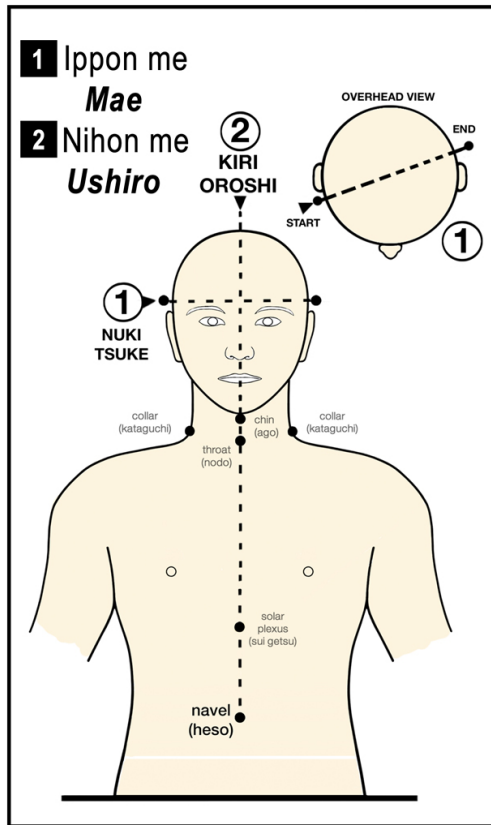


**Zen Nihon
Kendo Renmei**



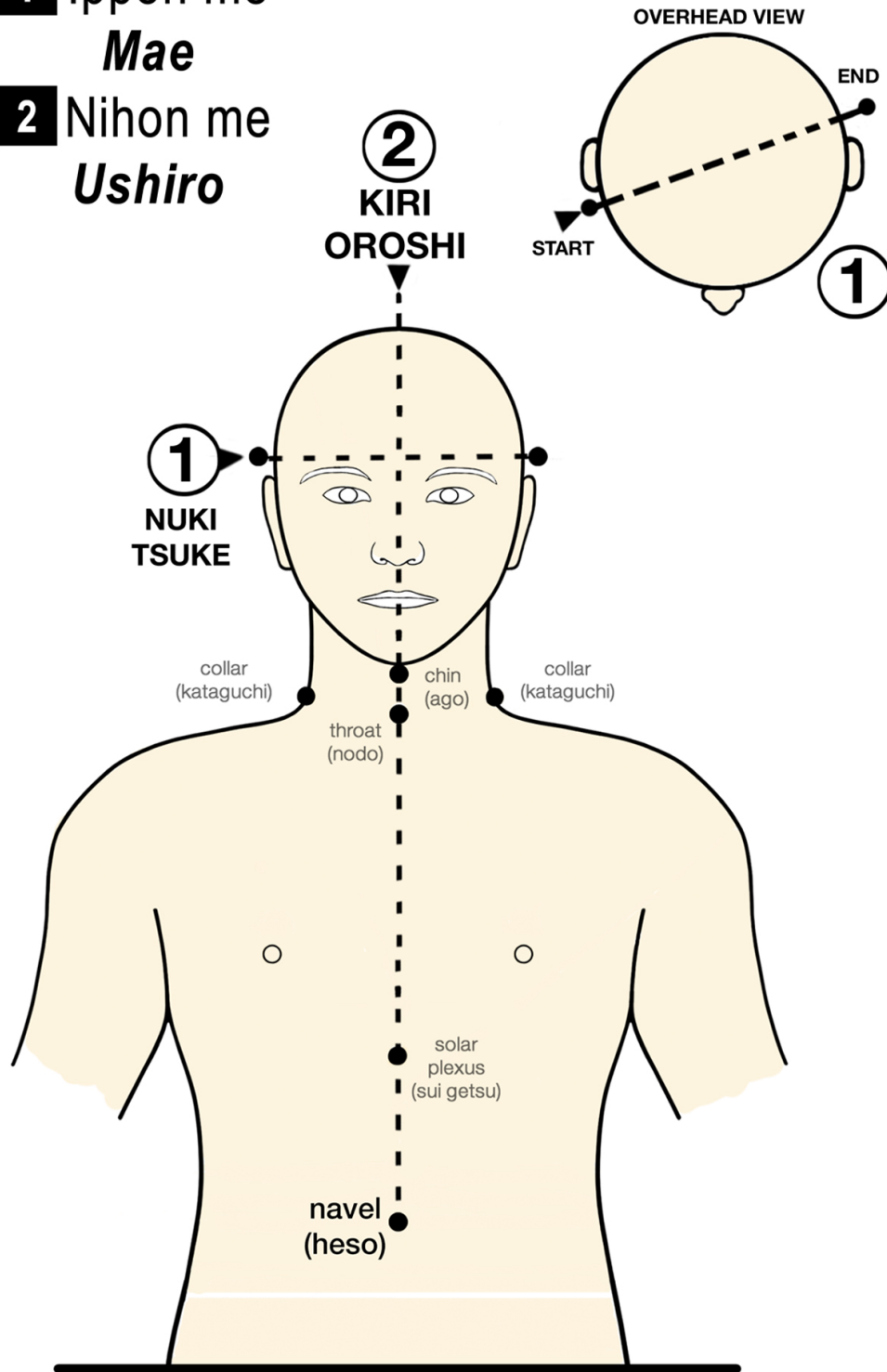
IAIDO

ZNKR Seiza no Bu (Kneeling Iai Set 1-4)



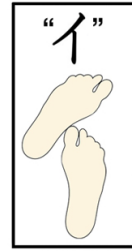
1 Ippon me
Mae

2 Nihon me
Ushiro



ZNKR

3 Sanbon me
Uke Nagashi



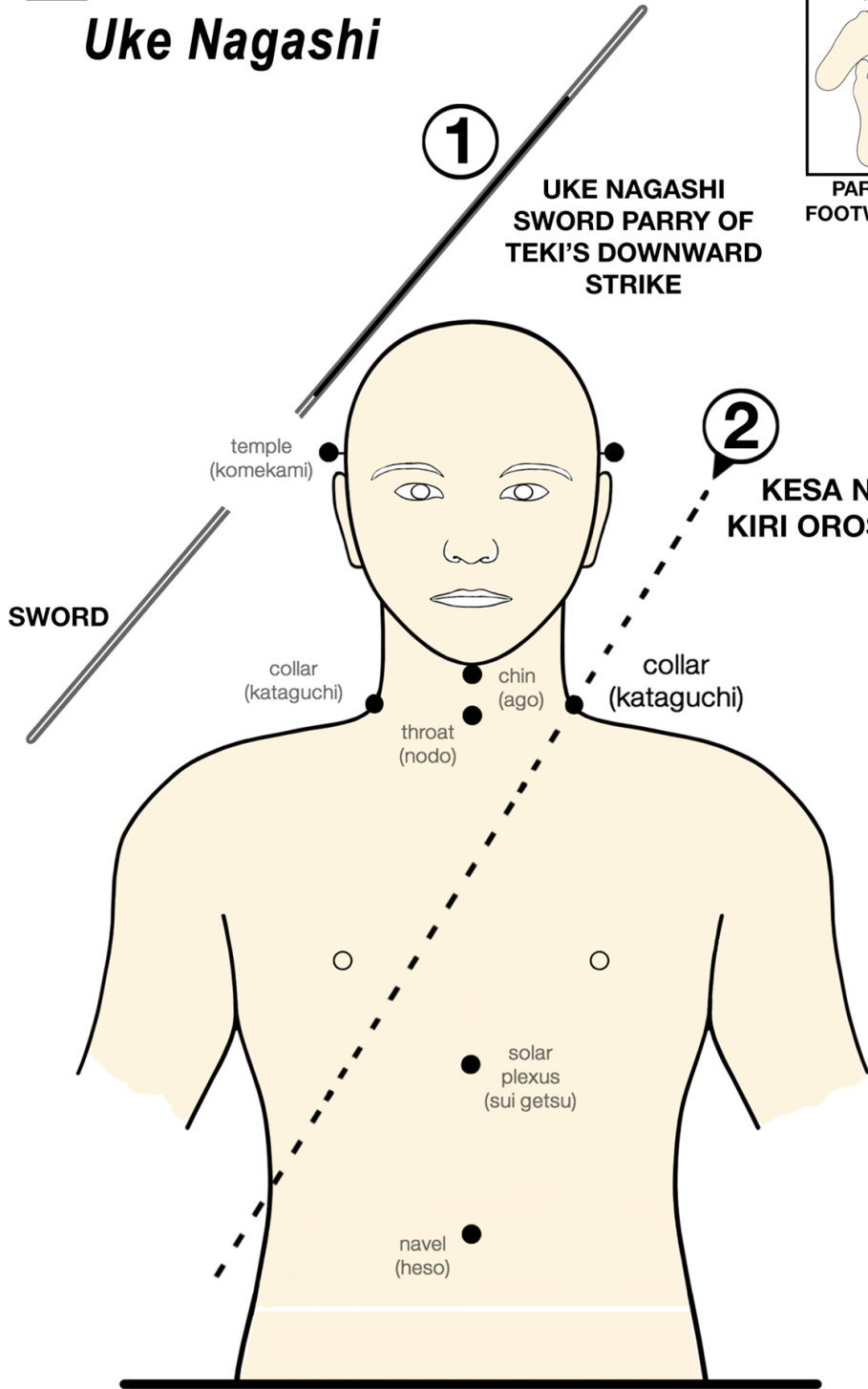
PARRY
FOOTWORK

1

UKE NAGASHI
SWORD PARRY OF
TEKI'S DOWNWARD
STRIKE

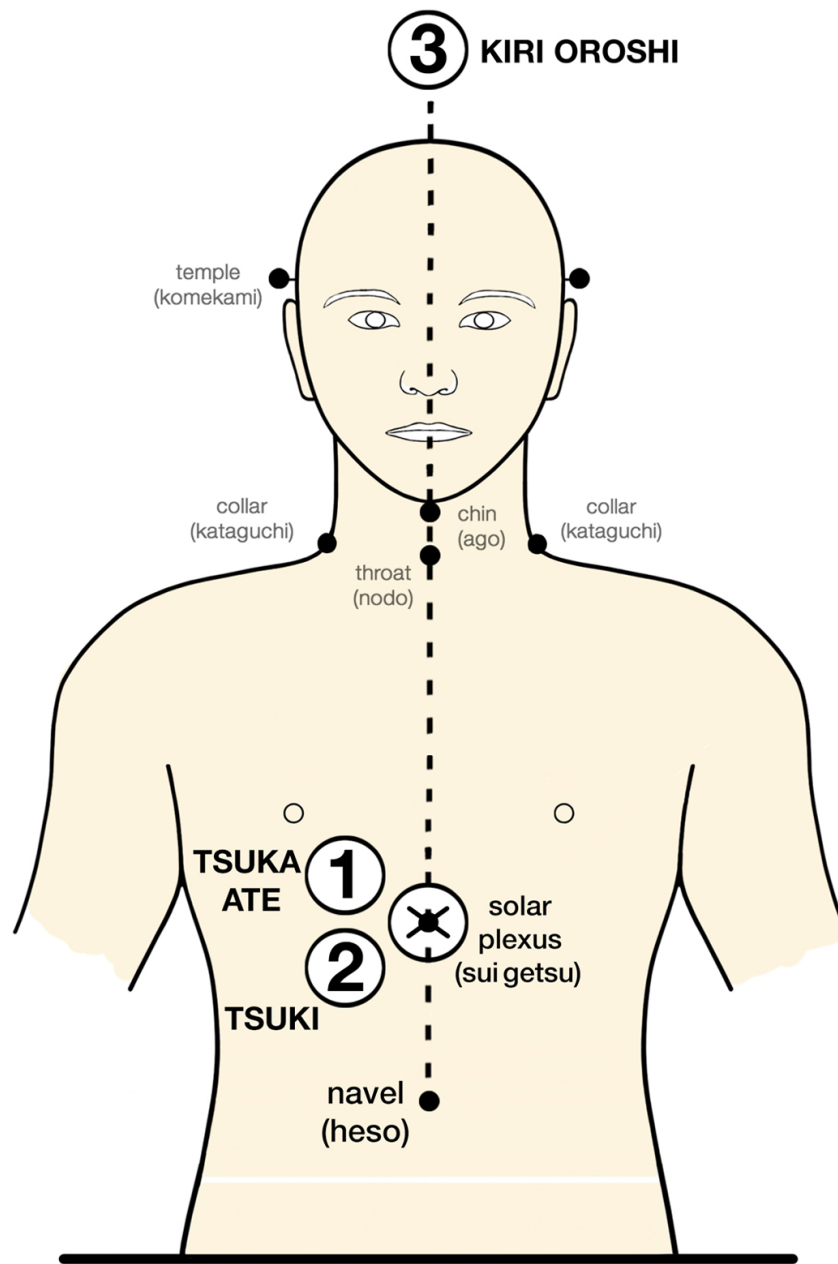
2

KESA NI
KIRI OROSHI

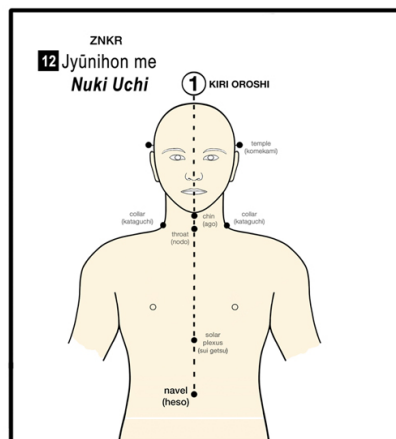
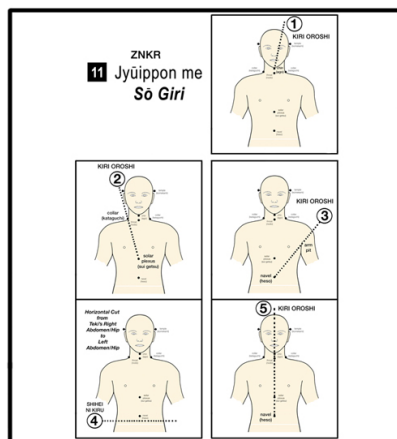
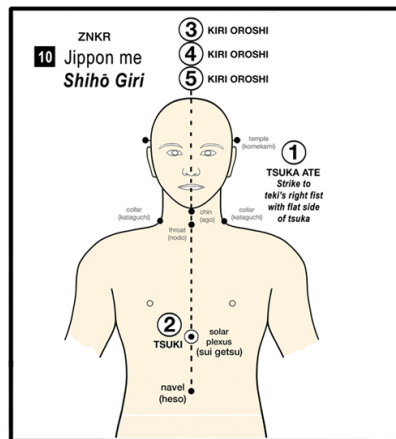
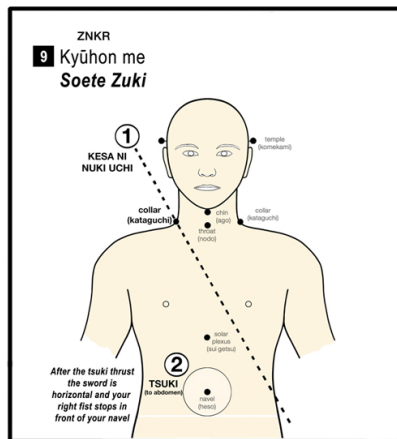
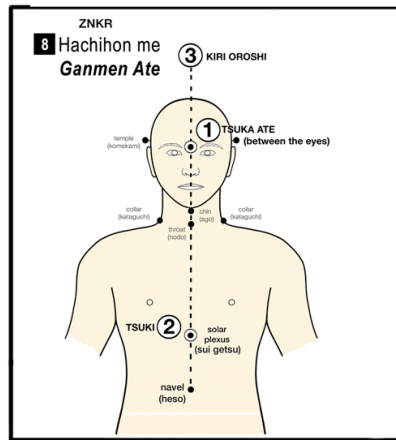
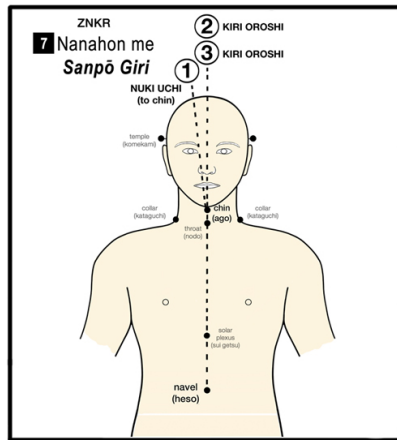
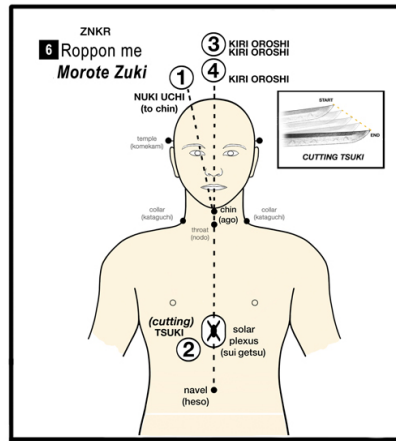
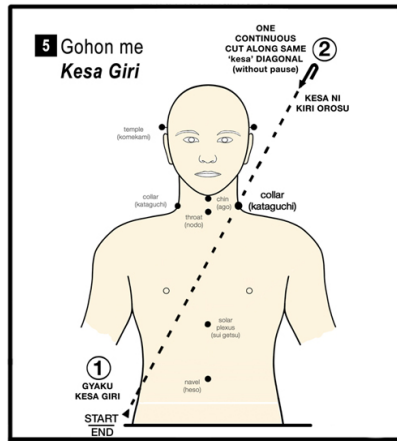


ZNKR

4 Yonhon me
Tsuka Ate



ZNKR Tachi Iai no Bu (Standing Iai Set 5-12)

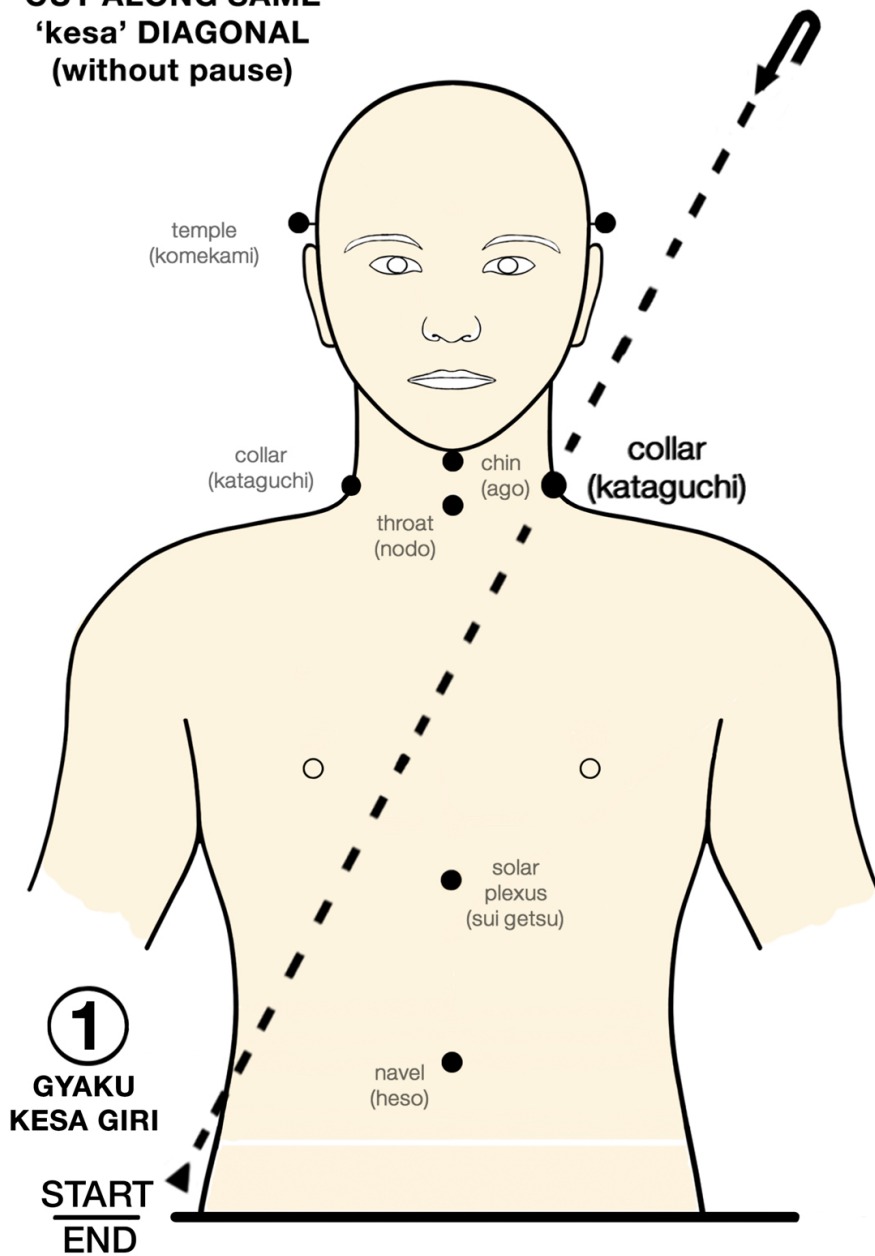


5 Gohon me
Kesa Giri

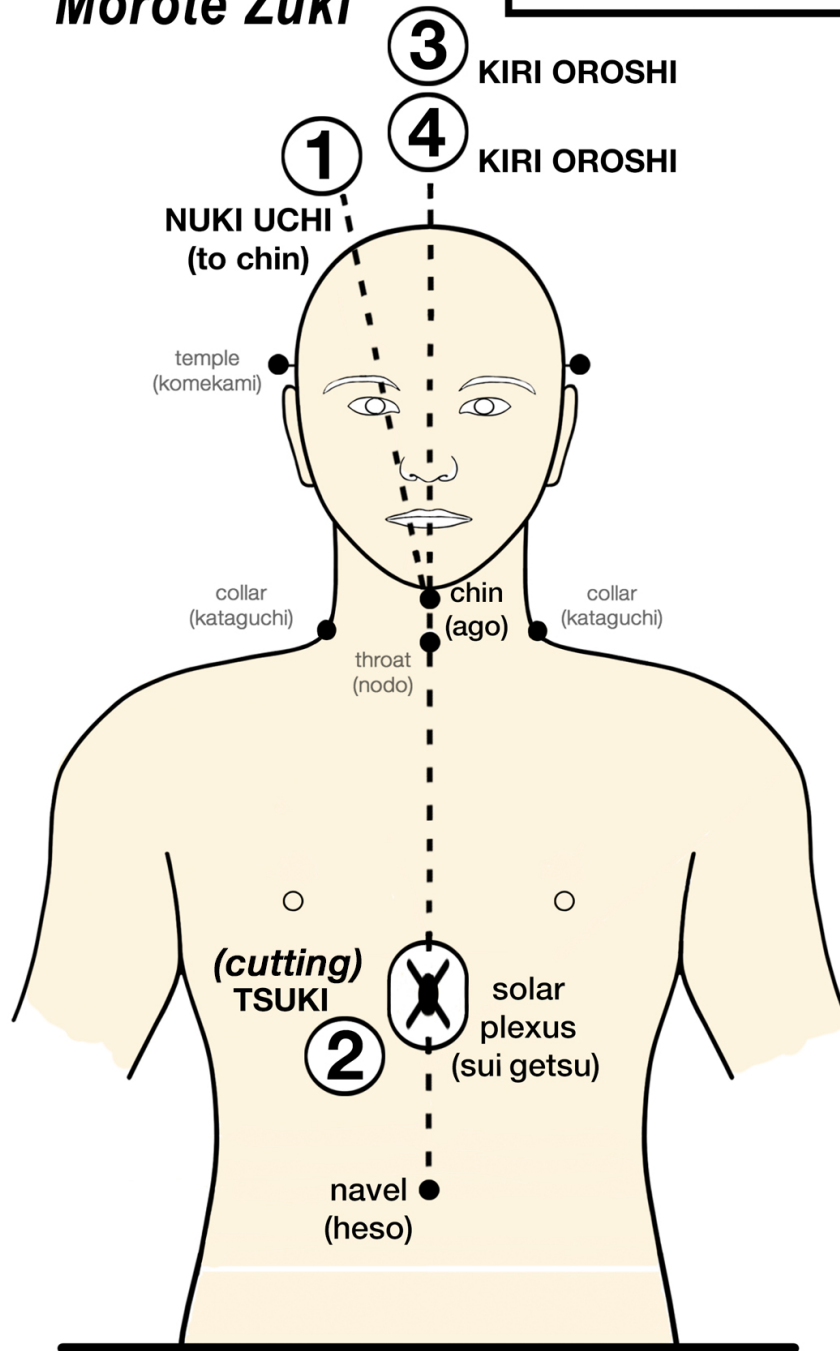
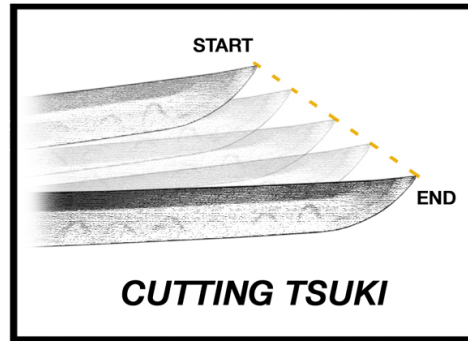
ONE
CONTINUOUS
CUT ALONG SAME
'kesa' DIAGONAL
(without pause)

2

KESA NI
KIRI OROSU

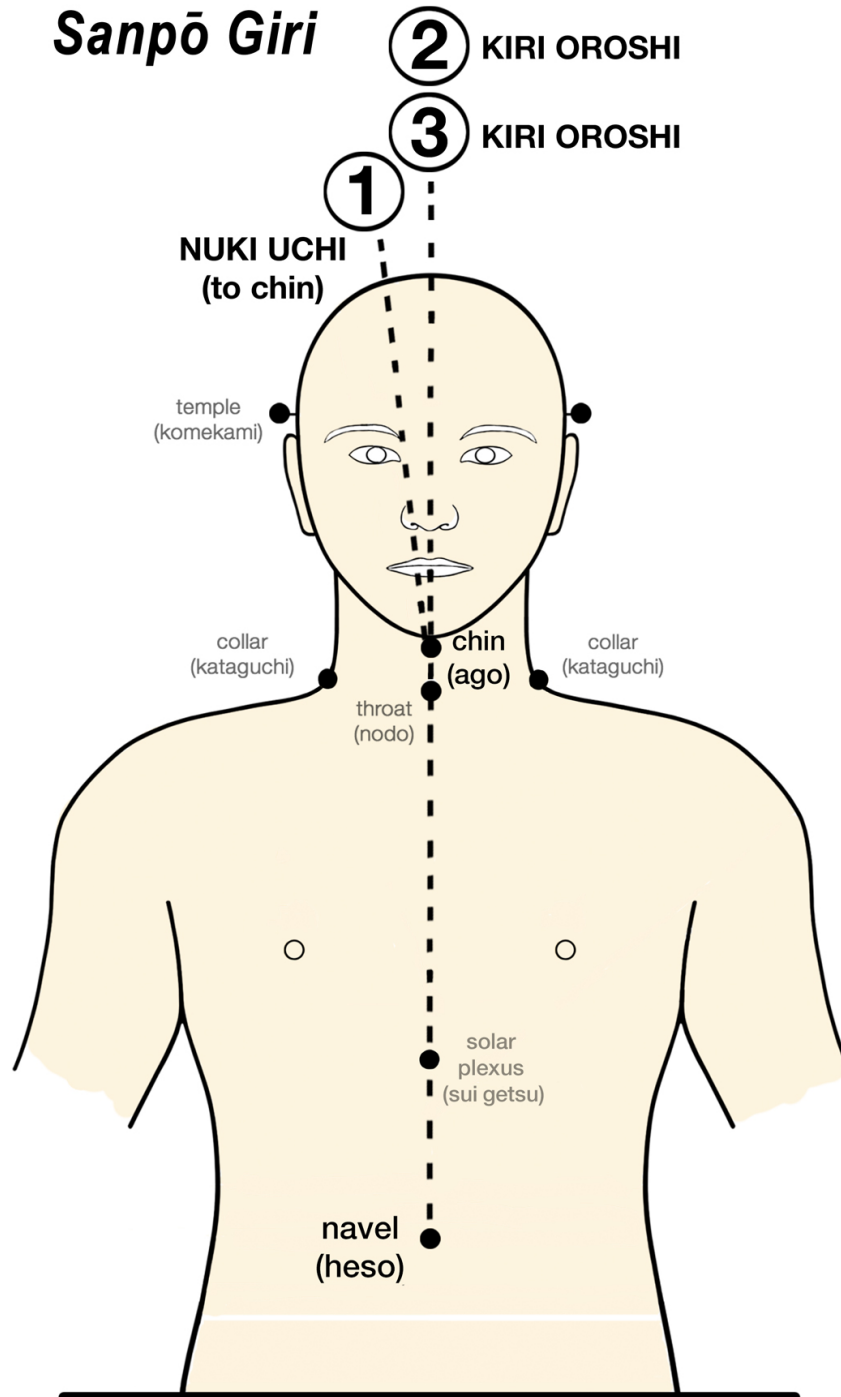


ZNKR
6 Roppon me
Morote Zuki



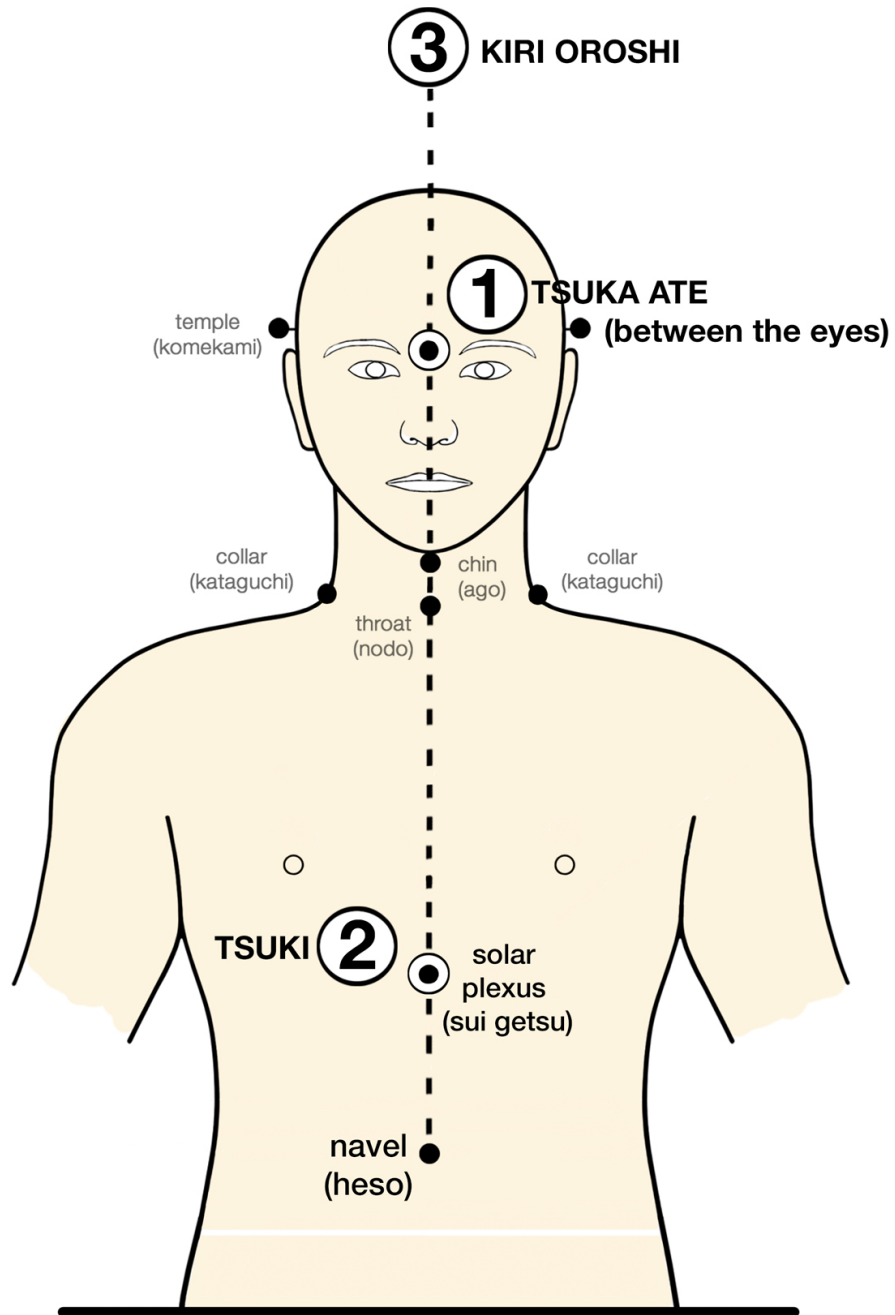
ZNKR

7 Nanahon me
Sanpō Giri



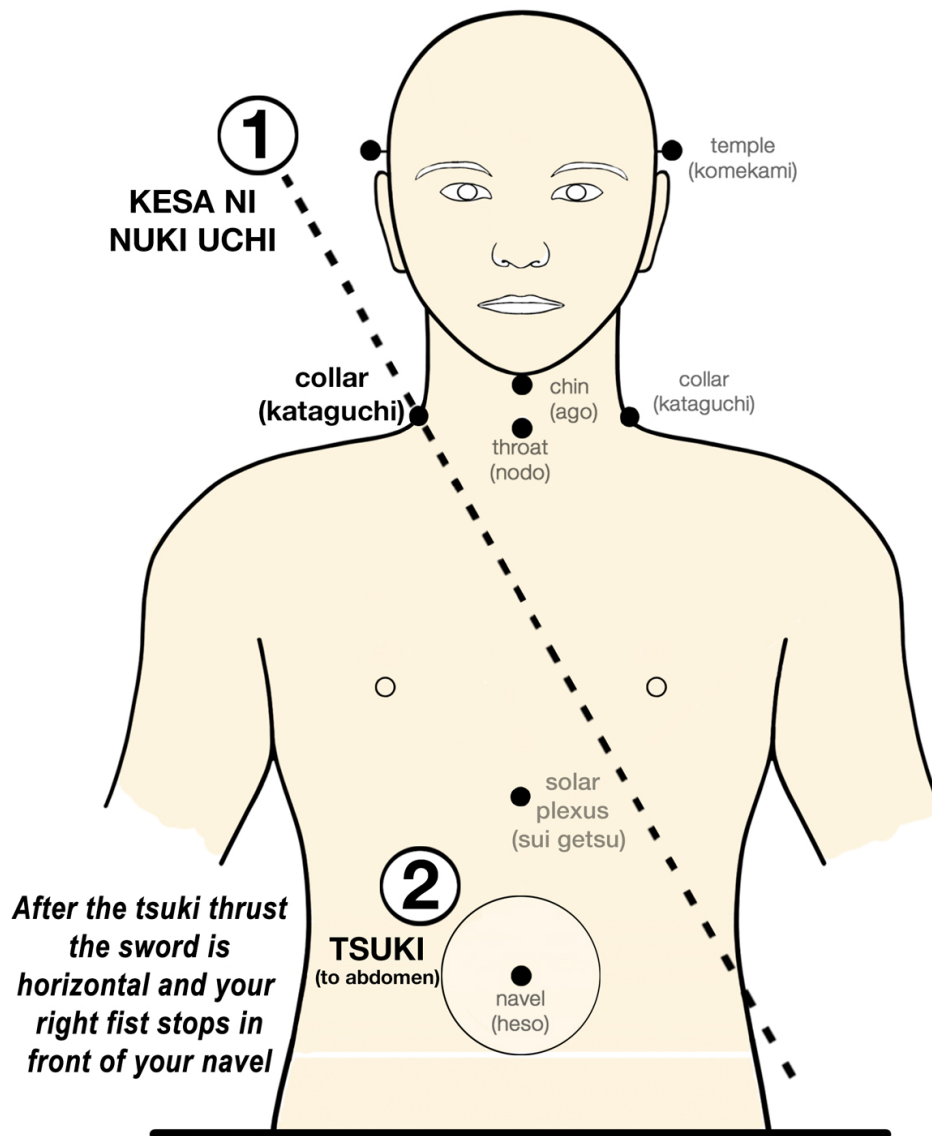
ZNKR

8 Hachihon me
Ganmen Ate



ZNKR

9 Kyūhon me
Soete Zuki



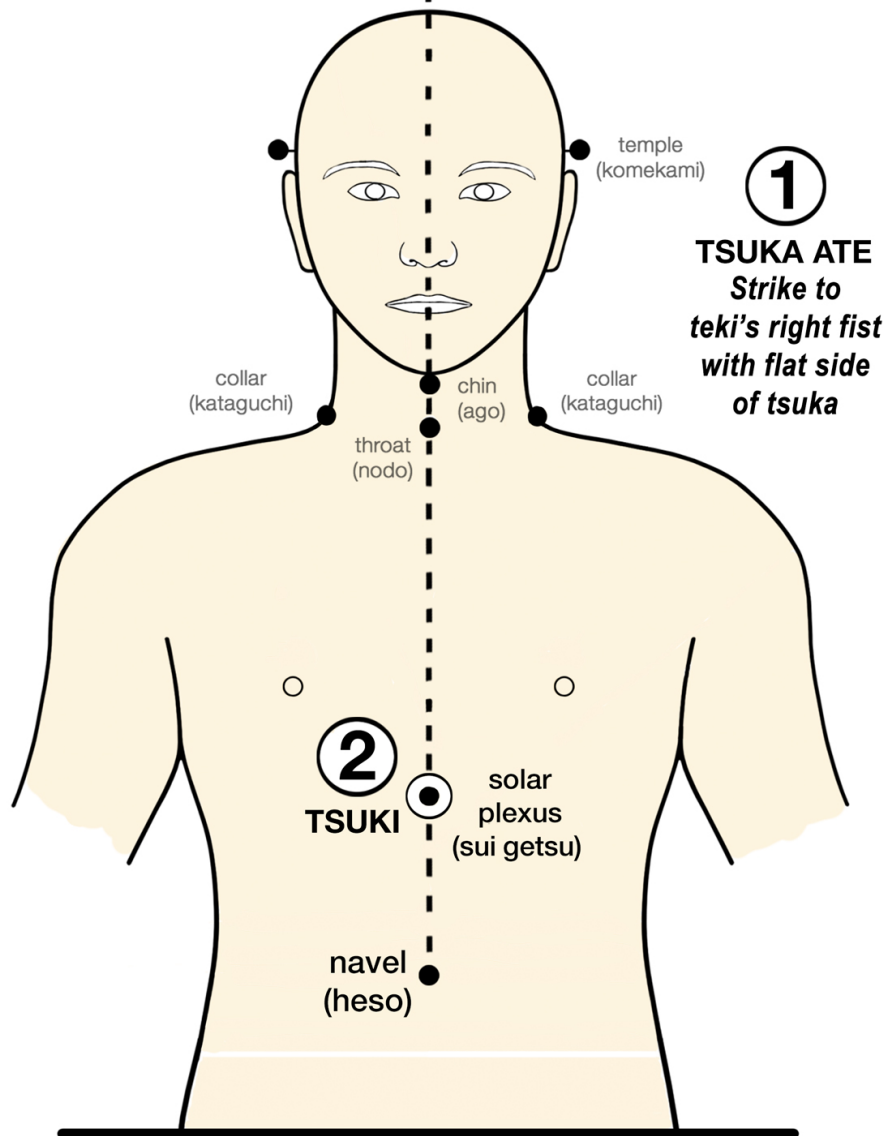
ZNKR

10 Jippon me
Shihō Giri

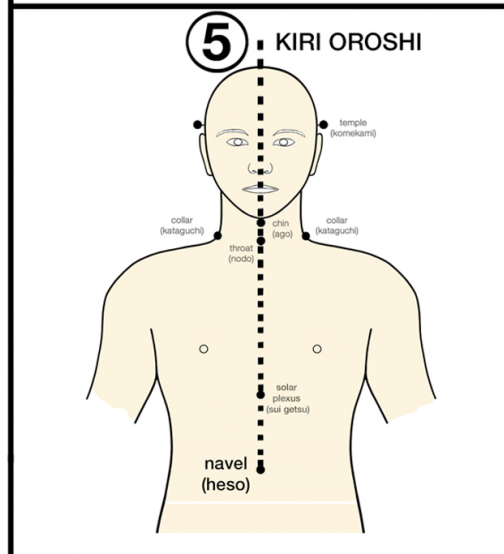
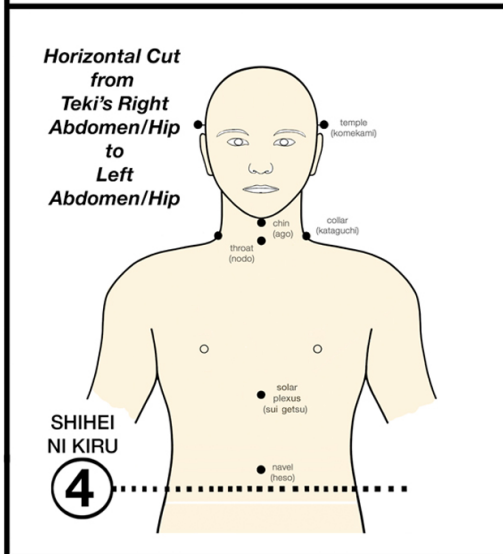
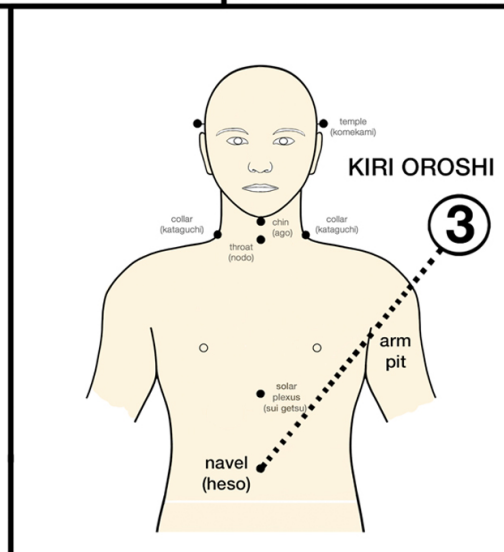
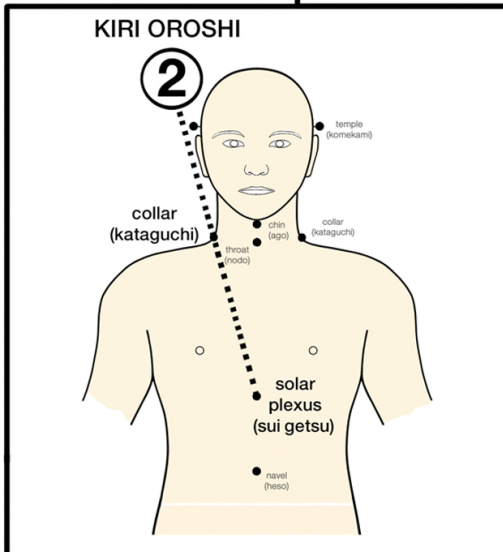
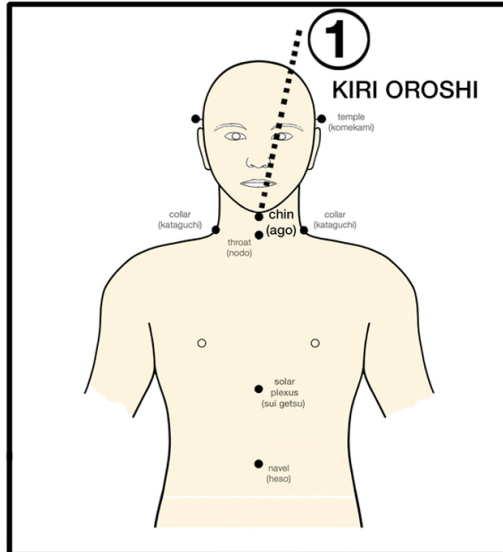
3 KIRI OROSHI

4 KIRI OROSHI

5 KIRI OROSHI

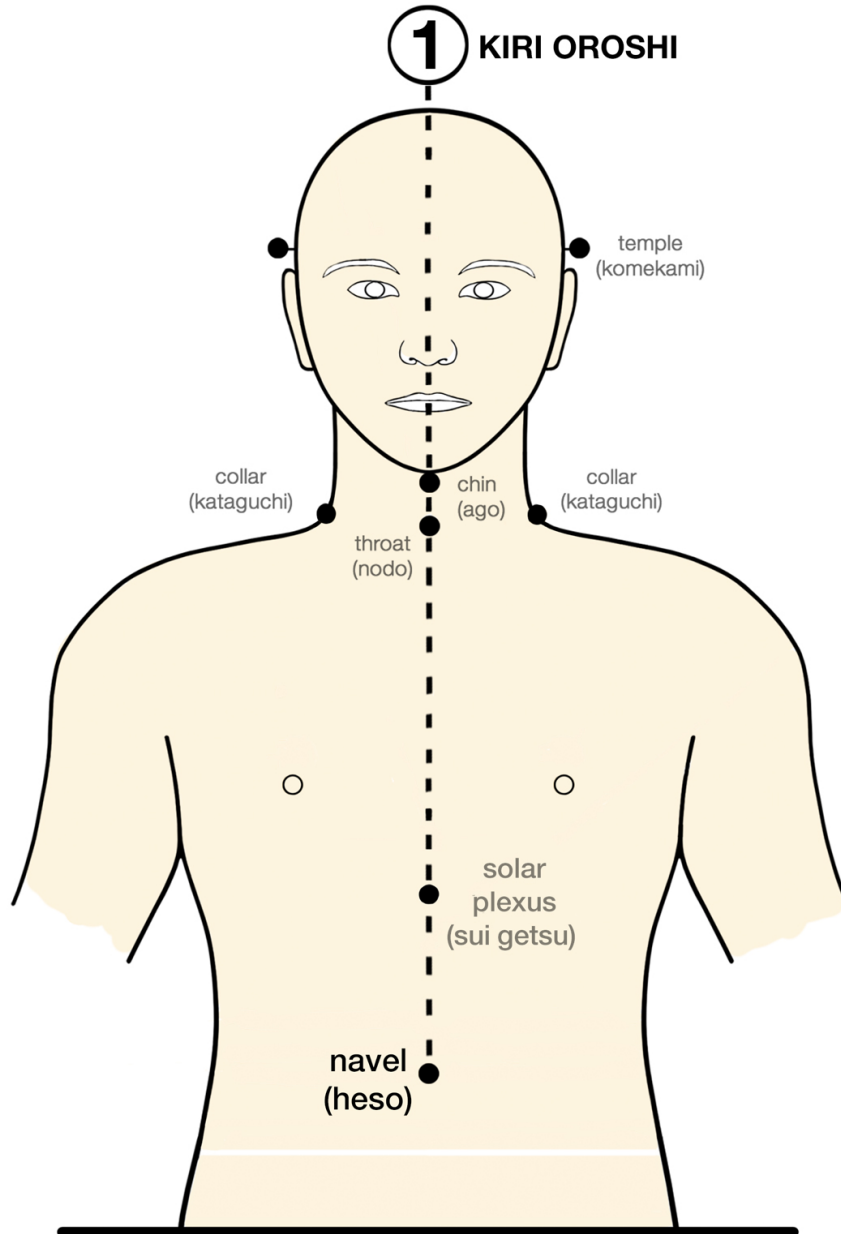


11 ZNKR
 Jyūippon me
 Sō Giri



ZNKR

12 Jyūnihon me
Nuki Uchi



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